Myosin II regulates the shape of three-dimensional intestinal epithelial cysts.

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Citation

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Myosin II regulates the shape of three-dimensional intestinal epithelial cysts

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Summary
The development of luminal organs begins with the formation of spherical cysts composed of a single layer of epithelial cells. Using a model three-dimensional cell culture, this study examines the role of a cytoskeletal motor, myosin II, in cyst formation. Caco-2 and SK-CO15 intestinal epithelial cells were embedded into Matrigel, and myosin II was inhibited by blebbistatin or siRNA-mediated knockdown. Whereas control cells formed spherical cysts with a smooth surface, inhibition of myosin II induced the outgrowth of F-actin-rich surface protrusions. The development of these protrusions was abrogated after inhibition of F-actin polymerization or of phospholipase C (PLC) activity, as well as after overexpression of a dominant-negative ADF/cofilin. Surface protrusions were enriched in microtubules and their formation was prevented by microtubule depolymerization. Myosin II inhibition caused a loss of peripheral F-actin bundles and a submembranous extension of cortical microtubules. Our findings suggest that inhibition of myosin II eliminates the cortical F-actin barrier, allowing microtubules to reach and activate PLC at the plasma membrane. PLC-dependent stimulation of ADF/cofilin creates actin-filament barbed ends and promotes the outgrowth of F-actin-rich protrusions. We conclude that myosin II regulates the spherical shape of epithelial cysts by controlling actin polymerization at the cyst surface.

Supplementary material available online at http://jcs.biologists.org/cgi/content/full/121/11/1803/DC1

Key words: Actin polymerization, phospholipase C, ADF/cofilin, Microtubules, Protrusions, Morphogenesis, Tubulogenesis, Matrigel

Introduction
Reorganization of epithelial sheets plays a crucial role in the formation of various luminal organs in metazoans (Lubarsky and Krasnow, 2003; Schock and Perrimon, 2002). Epithelial morphogenesis is a highly complex process involving cell division, migration, cell-cell and cell–extracellular-matrix adhesions, cell shape changes, and apoptosis (O’Brien et al., 2002; Schock and Perrimon, 2002). This process can be modeled in vitro by embedding epithelial cells into three-dimensional (3D) gels of either individual (collagen) or mixed (Matrigel) extracellular matrix proteins (O’Brien et al., 2002; Schmeichel and Bissell, 2003; Walpita and Hay, 2002). In such 3D matrices, colonies of cultured epithelial cells undergo a multistep reorganization from an amorphous aggregate to a spherical cyst, which can be further transformed into linear or branched tubes by stimulation with growth factors (O’Brien et al., 2002).

The formation of cysts is considered to be a crucial step in epithelial morphogenesis in vitro (Lubarsky and Krasnow, 2003; O’Brien et al., 2002). Such cysts represent hollow spheres comprised of monolayers of epithelial cells and they recapitulate a variety of spherical structures (acini, alveoli, follicles) that are formed by epithelial sheets in vivo. Within a cyst, epithelial cells are connected to each other by typical intercellular junctions and are polarized in such a manner that the apical surface of all cells is oriented towards the lumen of the cyst (Lubarsky and Krasnow, 2003; O’Brien et al., 2002). The general architecture of epithelial cysts, specifically the spherical shape and the apico-basal polarization of cell components, strongly suggests that the actin cytoskeleton is involved in the formation and/or maintenance of normal cyst morphology. Indeed, two lines of evidence demonstrate the role of actin filaments in cyst biogenesis. First, disruption of the actin cytoskeleton by cytochalasin D treatment has been reported to prevent the formation of lumen-bearing cysts of cultured rat intestinal epithelial cells (Olson et al., 1991) and human colon carcinoma cells (Linetz et al., 1997). Second, expression of dominant-negative mutants or siRNA-mediated knockdown of major regulators of F-actin organization, Rac1 and Cdc42, have been shown to invert cell polarity in kidney epithelial cysts (Martin-Belmonte et al., 2007; O’Brien et al., 2001). Despite these reports, the role of the actin cytoskeleton in epithelial cystogenesis, and the mechanisms by which F-actin reorganization influences the formation and maintenance of cyst architecture remain poorly understood.

Organization of intracellular F-actin depends on a large family of myosin motor proteins (Cramer, 1999; Maciver, 1996; O’Connell et al., 2007). By hydrolyzing ATP, myosins generate mechanical force to move and bundle actin microfilaments, thereby regulating the architecture and dynamic reorganization of the actin cytoskeleton (De La Cruz and Ostap, 2004; O’Connell et al., 2007). Conventional myosin II is a major protein that drives muscle contraction and is a crucial regulator of motility, cell shape and cytokinesis in non-muscle cells (Cramer, 1999; Maciver, 1996). Several recent studies have implicated myosin II in the regulation of epithelial morphogenesis. For example, this motor protein was found to be important for the formation of intercellular junctions and the...
establishment of apico-basal polarity of epithelial cells growing in two-dimensional (2D) monolayers (Ivanov et al., 2005; Zhang et al., 2005). Furthermore, myosin II was shown to drive reorganization of epithelial layers at early stages of embryogenesis in Drosophila and zebrafish (Jacinto et al., 2002; Koppen et al., 2006). Finally, recent studies have implicated Rho-dependent kinase in the development of mammalian lung and kidney (Meyer et al., 2006; Moore et al., 2005; Rogers et al., 2003), thereby suggesting a role of myosin II, which is a major downstream effector of Rho-kinase. However, direct evidence of myosin II involvement and the molecular mechanisms by which this motor protein can drive mammalian epithelial morphogenesis are still lacking. The present study was designed to investigate the role of nonmuscle myosin (NMM)II in the formation of 3D intestinal epithelial cysts using an in vitro model: human intestinal epithelial cells grown in a Matrigel matrix.

Results
To investigate the role of myosin II in epithelial morphogenesis, we first analyzed the localization of myosin II in epithelial cysts. Caco-2 cells were embedded in 3D Matrigel, and 72 hours later were fixed and double-labeled for F-actin and either NMMIIA heavy chain isoform A or isoform B. These NMMII isoforms have been shown to be important for cell and tissue morphogenesis (Brown and Bridgman, 2004; Conti et al., 2004), and to be abundantly expressed in human colonic epithelial cells (Ivanov et al., 2007). As shown in Fig. 1, Matrigel-embedded Caco-2 cells formed spherical cysts with well-developed central lumens. Both NMMIIA and NMMIIB were especially enriched in F-actin bundles that line the basal surface of the cyst (arrows). To gain insight into the functional role of myosin II, we inhibited its activity using S(−)-blebbistatin (Straight et al., 2003) or Y-27632 (Hirose et al., 1998) and examined the effects of this inhibition on the formation of 3D cysts. Blebbistatin and Y-27632 are known to affect NMMII via different mechanisms, with the former blocking the ATPase activity of myosin heavy chain (Kovacs et al., 2004; Straight et al., 2003) and the latter preventing activatory phosphorylation of myosin light chain (Hirose et al., 1998). Initially, S(−)-blebbistatin (100 µM), Y-27632 (20 µM) or vehicle were added at the time of embedding of Caco-2 cells into 3D Matrigel and, 72 hours later, cyst morphology was visualized by labeling for F-actin. Whereas vehicle-treated cells formed cysts with smooth surfaces and central lumens (Fig. 2A), cysts developing in the presence of myosin II inhibitors displayed distinct abnormalities. The most obvious abnormality was the presence of F-actin-rich surface protrusions (Fig. 2A, arrows), which were observed in 78±8% of blebbistatin-treated and 69±7% of Y-27632-treated cysts.

We next investigated whether the formation of peripheral F-actin-rich spikes was associated with dynamic reorganization of 3D cell aggregates during cyst formation, or whether these spikes could also originate from fully differentiated epithelial cells. Preformed Caco-2 epithelial cysts cultured for 72 hours in 3D Matrigel were incubated for an additional 12 hours in the presence of either 100 µM blebbistatin or vehicle. In preformed cysts, inhibition of myosin

Fig. 1. Myosin II is enriched at the surface of 3D epithelial cysts. Caco-2 cells were embedded in Matrigel for 72 hours, fixed, and fluorescently double-labeled for F-actin (red) and either NMMIIA or NMMIIB (green). Cross-sections of Caco-2 cysts show that significant pools of NMMIIA and NMMIIB accumulate within F-actin bundles at the cyst surface (arrows). Scale bar: 20 µm.

Fig. 2. Inhibition of myosin II causes the formation of F-actin-rich protrusions at the surface of epithelial cysts. (A,B) Caco-2 (A) or SK-CO15 (B) cells were embedded for 72 hours into 3D Matrigel in the presence of either vehicle or the myosin II inhibitors blebbistatin (100 µM) or Y27632 (20 µM) and analyzed for cyst morphology by fluorescent labeling for F-actin. Vehicle-treated Caco-2 and SK-CO15 cells formed spherical cysts with smooth surfaces, whereas cysts grown in the presence of myosin II inhibitors developed radiating F-actin protrusions (arrows). (C,D) SK-CO15 cells were transfected with either control or NMMIIA-specific siRNA and, 72 hours later, were analyzed for NMMIIA expression (C) and morphology of 3D cysts (D). NMMIIA knockdown caused a significant decrease in the level of NMMIIA and induced the formation of numerous F-actin-rich surface spikes. *P<0.05.
Myosin II and epithelial cystogenesis

The formation of peripheral protrusions in blebbistatin-treated Caco-2 cysts to inhibit actin polymerization. Inhibition of actin polymerization prevented vehicle, a cortical flow inhibitor (WGA; 500 µM) or with a combination of blebbistatin and latrunculin B (1 µM) to inhibit actin polymerization. Inhibition of actin polymerization prevented the formation of peripheral protrusions in blebbistatin-treated Caco-2 cysts (*P<0.001). (B) Preformed Caco-2 cysts were treated for 12 hours with either vehicle, a cortical flow inhibitor (WGA; 500 µg/ml) or an F-actin-stabilizing drug (jasplakinolide; 0.5 µM). The formation of protrusions on the cyst surface was not induced by any treatment.

Myosin II triggered the formation of peripheral protrusions (Fig. 3A) that were undistinguishable from those caused by addition of blebbistatin at the onset of cystogenesis (Fig. 2A). This suggests that the formation of surface spikes reflects changes in the shape of stationary epithelial cells. Given these findings, in subsequent experiments surface spikes were induced by 12 hours of treatment of preformed cysts with blebbistatin.

To ensure that myosin-II-dependent formation of peripheral protrusions does not represent a peculiarity of the Caco-2 cell line, effects of NMMII inhibition were investigated in another human colonic epithelial cell line, SK-CO15 (Ivanov et al., 2006; Le Bivic et al., 1989). Similarly to Caco-2 cells, SK-CO15 cells grow as spherical cysts in 3D Matrigel (Fig. 2B). Furthermore, blebbistatin treatment induced the formation of peripheral protrusions in 93±3% of SK-CO15 cysts, which was significantly higher than the 2.0±0.6% of protrusive cysts found in a vehicle-treated group. To verify that the development of surface protrusions following blebbistatin treatment is not caused by unrelated side effects of this myosin II inhibitor, we examined the effects of siRNA-mediated downregulation of NMMIIA, which was previously shown to alter the shape of individual epithelial cells grown on a 2D surface (Ivanov et al., 2007). SK-CO15 cells transfected with NMMIIA-specific or control siRNAs were embedded into 3D Matrigel, and cyst morphology was analyzed by F-actin labeling and confocal microscopy. As shown in Fig. 2C, transfection with NMMIIA-specific siRNA caused significant (~70%) downregulation of myosin IIA expression in SK-CO15 cells. Consistent with the inhibitor studies, this knockdown induced the formation of peripheral protrusions in 50±5% of SK-CO15 cysts, which was significantly higher than the 1.7±0.6% of protrusive cysts observed in the control siRNA-transfected group (Fig. 2D). Overall, this pharmacological and siRNA-knockdown data suggest that the formation of surface protrusions in 3D intestinal epithelial cysts is a common and direct consequence of myosin II inhibition.

A reasonable hypothesis for these findings is that outgrowth of peripheral F-actin-rich protrusions in stationary epithelial cells is driven by actin polymerization. To test this possibility, we used a pharmacological inhibitor of actin polymerization, latrunculin B. Latrunculins bind to monomeric actin and prevent its incorporation into actin filaments, thus causing depolymerization of dynamic, constantly turning-over filaments (Morton et al., 2000). As shown in Fig. 3A, latrunculin B (1 µM) dramatically decreased the number of spike-bearing Caco-2 cysts from 95±2% in the blebbistatin-only group to 0% in groups treated with the combination of blebbistatin and the F-actin-depolymerizing drug. This finding indicates a key role for actin polymerization in the formation of blebbistatin-induced surface protrusions.

Myosin II is known to promote cortical F-actin dynamics by mechanisms that involve either submembrane flux of actin filaments, known as ‘cortical flow’ (Mandato et al., 2000), or actin-filament severing and/or depolymerization (Guha et al., 2005; Medeiros et al., 2006). Because inhibition of myosin II is likely to result in decreased dynamics of cortical F-actin, we next investigated whether such F-actin stabilization could recapitulate the formation of surface protrusions in epithelial cysts. The dynamics of cortical actin was decreased by either inhibiting cortical flow with tetravalent lectins, such as wheat germ agglutinin [WGA (Canman and Bement, 1997; Rosenblatt et al., 2004)] or by suppressing depolymerization of actin filaments with a cell-permeable drug, jasplakinolide (Bubb et al., 1994). Incubation of Caco-2 cysts for 12 hours with either WGA (500 µg/ml) or jasplakinolide (0.5 µM) did not induce peripheral spikes (Fig. 3B). These results indicate that inhibition of myosin II triggers the formation of surface protrusions by activating signaling pathways to promote actin polymerization and not by decreasing the dynamics of cortical F-actin.

Members of the Rho family of small GTPases, such as Rac1 and Cdc42, are considered as crucial activators of actin polymerization, which drives cell motility and a variety of other cellular processes (Millard et al., 2004; Takenawa and Suetsugu, 2007). We therefore investigated whether Rac1 and Cdc42 play a role in the formation of F-actin-rich protrusions in blebbistatin-treated cysts. For these experiments, we used approaches that included pharmacological inhibitors, expression of dominant-negative mutants and GTPase-activation assays. As shown in Fig. 4A, pharmacological inhibition of Rac with NSC 23766 (100 µM) (Gao et al., 2004) or of Cdc42 with secramide A (20 µM) (Pelish et al., 2006) failed to prevent the formation of blebbistatin-induced surface protrusions in Caco-2 cysts. It is noteworthy that the same concentrations of NSC 23766 and secramide A significantly inhibited motility of Caco-2 cells in a wound-closure model (data not shown), thus confirming the activity of these compounds. Our pharmacological inhibition studies were complemented with the use of Rac1 and Cdc42 dominant-negative mutant constructs expressed in the adenoviral vector. Due
to difficulties in obtaining sufficient numbers of 3D Caco-2 cysts after infection with dominant-negative Rac1 or Cdc42 adenoviruses, this experiment was performed with cells cultured on Matrigel-coated coverslips. Caco-2 cells plated at low density on Matrigel-coated coverslips did not extensively spread but formed compact spheroid colonies (supplementary material Fig. S1). Analogous to the effects observed on 3D cysts, blebbistatin treatment of 2D Caco-2 colonies induced the formation of multiple peripheral protrusions (Fig. 4B). However, cells infected with dominant-negative Rac1- and Cdc42-bearing adenoviruses developed peripheral protrusions upon blebbistatin treatment similarly to cells infected with control EGFP-containing adenovirus (Fig. 4B, arrows). Lastly, we investigated whether blebbistatin activates Rac1 and Cdc42. Caco-2 colonies growing on 2D Matrigel were treated for 12 hours with either blebbistatin or vehicle, and the levels of activated Rac1 and Cdc42 in cell lysates was determined using the PAK1-GST binding assay. As shown in Fig. 4C, blebbistatin treatment did not increase the levels of active Rac1 and Cdc42.

Because Cdc42 and Rac1 promote actin polymerization by activating their downstream effectors—a neuronal Wiskott-Aldrich syndrome protein (N-WASP) and members of the WAVE family verprolin-homologous (WAVE) proteins, respectively—we next investigated whether N-WASP and WAVE1 mediate the formation of peripheral protrusions in myosin-II-inhibited epithelial cysts. We performed siRNA-mediated knockdown of N-WASP and WAVE1 in SK-CO15 cells and analyzed its effect on spike formation. We observed that neither protein knockdown prevented the development of peripheral protrusions in blebbistatin-treated cysts (data not shown). Together, these data suggest that Rac1-WAVE1-mediated and Cdc42–N-WASP-mediated signaling are not involved in the formation of surface spikes in intestinal epithelial cysts induced by myosin II inhibition.

Blebbistatin-induced protrusions on epithelial cysts appeared to be morphologically similar to F-actin-rich neurites observed in stimulated neuronal and neuroendocrine cells. Neurite outgrowth was shown to be dependent on actin polymerization and its upstream signaling events have been extensively characterized (Govek et al., 2005; Sarmiere and Bamburg, 2004; Scott and Luo, 2001). Therefore, to determine the signaling pathway(s) that contribute to the formation of blebbistatin-induced spikes, we analyzed the role of signaling molecules implicated in neurite outgrowth (Gu et al., 2005; Hall et al., 1996; Motegi et al., 2004; Tornieri et al., 2006; Xie et al., 2006). Comprehensive pharmacological screens did not show any effect of inhibitors of tyrosine kinases (genistein, 50 µM; herbimycin A, 2 µM; PP2, 10 µM), mitogen-activated protein kinases (PD 98059, 10 µM; U0126, 5 µM; ERK II inhibitor, 20 µM; SP 600125, 20 µM) or phosphatidylinositol-3-kina (LY 294002; 20 µM) on the genesis of spikes in blebbistatin-treated Caco-2 cysts (data not shown). However, inhibition of phospholipase C (PLC) with either 1-O-Octadecyl-2-O-methyl-sn-glycero-3-phosphorylcholine (ET-18-OCH₃, 10 µM) (Powis et al., 1992) or U-73122 (1 µM) (Bleasdale et al., 1990) dramatically attenuated the development of peripheral protrusions. As shown in Fig. 5, pharmacological inhibition of PLC significantly decreased the number of spike-bearing cysts from 93±3% in the blebbistatin-only group to 1±1% and 12±1% in cells exposed to ET-18-OCH₃ or U-73122, respectively. Importantly, U-73122 also inhibited development of peripheral protrusions induced by siRNA-mediated depletion of NMMIIA.
in SK-CO15 cysts (supplementary material Fig. S2). ET-18-OCH₃ and U-73122 are general PLC inhibitors, blocking the activity of several isoforms of this enzyme. However, the PLCγ₁ and PLCβ₂ isoforms are likely to be important for the spike formation because of their involvement in the F-actin-remodeling and F-actin-dependent processes (Brugnoli et al., 2007; Lian et al., 2005; Mouneimne et al., 2004; Yin and Janmey, 2003). To test this hypothesis, we performed a dual siRNA-mediated knockdown of PLCγ₁ and PLCβ₂ in SK-CO15 cells. Downregulation of both PLC isoforms (Fig. 6A) did not alter the morphology of control SK-CO15 cysts (data not shown), but significantly decreased the number of spike-bearing cysts after blebbistatin treatment, from 84±3% in the PLC-isoforms-depleted group to 25±5% in the PLC-isoforms-γ₁ and PLC-isoforms-β₂ knockdown caused a dramatic decrease in the level of both PLC isoforms (A) and significantly attenuated the formation of F-actin-rich spikes on the cyst surface (B,C) (*P<0.01).

A mechanistic link between PLC activity and reorganizations of the F-actin cytoskeleton is likely to involve PLC-dependent activation of actin-depolymerizing factor (ADF)/cofilin proteins, which are known for their ability to depolymerize and sever actin filaments (Bamburg, 1999; Ono, 2007). Particularly, ADF/cofilin-mediated severing was shown to increase the amount of free actin filament barbed ends and thus to promote filament polymerization and growth (Wang et al., 2007). Based on these data, we next investigated whether ADF/cofilin proteins play a role in the formation of blebbistatin-induced spikes. Caco-2 cells were embedded for 72 hours into 3D Matrigel in the presence of adenoviruses containing either an EGFP-tagged constitutively inactive S3E cofilin mutant (Suurna et al., 2006) or control EGFP and, 72 hours later, were treated with blebbistatin. Thereafter, cysts were labeled for F-actin and their surface morphology was examined by confocal microscopy. As shown in Fig. 8, overexpression of inactive cofilin significantly decreased the number of spike-bearing cysts from 89±2% in the control EGFP-expressing group to 6±3% in cells expressing the inactive cofilin mutant. Interestingly, overexpression of a constitutively active S3A cofilin mutant induced formation of peripheral processes in control Caco-2 cysts even without myosin II inhibition (Fig. 8C). However, these processes appeared as surface blebs rather than as the linear radial spikes observed in myosin-II-inhibited cysts. Two major conclusions can be made from this observation. One is that ADF/cofilin is involved in the formation of peripheral F-actin-rich spikes by increasing protrusive dynamics of the cyst surface. Another conclusion is that ADF/cofilin activation is not sufficient to mediate spike formation.
in myosin-II-inhibited epithelial cysts and that an additional mechanism is required to transform cofilin-dependent peripheral membrane processes into linear spikes.

To identify this additional mechanism, we investigated the role of microtubules. Our focus on these cytoskeletal structures was based on recent evidence that microtubules regulate the activity and intracellular distribution of PLC\(\gamma\)_1 (Chang et al., 2005; Itoh et al., 1996; Ramoni et al., 2001) and that they play a crucial role in neurite outgrowth (Gordon-Weeks, 2004). Microtubules were depolymerized in myosin-II-inhibited Caco-2 cysts by either nocodazole (30 \(\mu\)M) or vinblastin (10 \(\mu\)M) treatment. This microtubule depolymerization dramatically decreased the amount of protrusion-bearing cysts from 86±2% in the blebbistatin-only group to 5±1% and 7±2% in experimental groups exposed to nocodazole and vinblastin, respectively (Fig. 9A). Likewise, vinblastin treatment significantly inhibited the formation of peripheral spikes in SK-CO15 cysts induced by siRNA-mediated downregulation of NMMIIA (supplementary material Fig. S2). Furthermore, immunofluorescence analysis of blebbistatin-treated Caco-2 cysts revealed thick microtubule bundles in the proximal zone of surface protrusions (Fig. 9B, arrows), whereas the distal ends of protrusions were composed predominantly of F-actin. Microtubule reorganization in living cells is regulated by the...
dynamic cycle of microtubule extension and shrinkage at their plus ends (Howard and Hyman, 2003). Therefore, we also analyzed whether microtubule plus-end dynamics is important for the formation of F-actin-rich surface protrusions by selectively blocking such dynamics with a low concentration (100 nM) of nocodazole. We observed that this concentration of nocodazole dramatically decreased the number of spike-bearing Caco-2 cysts (from 98% to 7%) caused by blebbistatin treatment (supplementary material Fig. S3).

To gain more insight into the relationships of actin filaments and microtubules after myosin II inhibition, we examined the organization of these cytoskeletal structures in Caco-2 cells cultured on Matrigel-coated coverslips. Double-fluorescence labeling revealed that control cells possessed thick F-actin bundles oriented parallel to the edge of epithelial colonies (Fig. 10A). A dense network of microtubules was localized immediately subjacent to the F-actin bundles (Fig. 10A, arrows). Relatively few parallel-aligned microtubules were detected in the immediate vicinity of the plasma membrane. Inhibition of myosin II was associated with two major changes in the organization of the cortical cytoskeleton. The first was the disappearance of cortical F-actin bundles, which were replaced by a disorganized F-actin network. The second change was the reorientation of microtubules so that they became perpendicular to cell-spreading edges, and their extension into the submembranous compartment (Fig. 10A, arrowheads). We quantified these changes in cortical microtubule distribution by comparing the pixel intensity ratio for the α-tubulin signal at the front versus the back of parallel F-actin bundles in control Caco-2 colonies with the α-tubulin intensity ratio in the distal versus the proximal parts of blebbistatin-induced protrusions. As shown in Fig. 10B, such a tubulin intensity ratio was significantly higher in blebbistatin-induced protrusions, which indicates the enrichment of microtubules in the submembranous space. Furthermore, microtubules in blebbistatin-treated cells appeared to be thicker compared with vehicle-treated cells, suggesting increased stability. This suggestion was supported by Triton X-100 (TX-100) fractionation, which demonstrated a significant increase in the amount of TX-100-insoluble, stable microtubules in blebbistatin-treated Caco-2 cells (supplementary material Fig. S4). Overall, our results show that interplay between microtubules and the F-actin cytoskeleton plays a crucial role in the formation of peripheral protrusions following inhibition of myosin II in intestinal epithelial cells.

Discussion

The formation of spherical cysts represents a crucial early step in 3D epithelial morphogenesis. Cysts later transform into tubes that elongate and branch, leading to the development of luminal organs in the body. Studies of model epithelial cysts formed in 3D protein matrices in vitro show that the transformation from a cyst to a tube involves a directional outgrowth of surface protrusions governed by a gradient of morphogenic factors or other extrinsic cues (O’Brien et al., 2002; Rogers et al., 2003). It is therefore likely that outgrowth of these peripheral spikes is temporally and spatially controlled. Conversely, unregulated protrusiveness at a cyst surface might lead to misshaped tubes and thus to abnormal organogenesis.

In this study, we describe a novel mechanism limiting the outgrowth of peripheral protrusions in 3D intestinal epithelial cysts that involves activity of the major F-actin motor, myosin II. Our data demonstrate the enrichment of myosin II in F-actin bundles that line the basal surface of cysts (Fig. 1). Moreover, pharmacological inhibition or expression downregulation of myosin II induced the formation of radiating F-actin-rich protrusions on the cyst surface (Fig. 2). This effect of myosin II inhibition has not been previously reported for 3D epithelial cystogenesis. Although acquisition of a protrusive phenotype upon interfering with the functions of myosin II has been observed in individual epithelial and fibroblastic cells in 2D cultures (Even-Ram et al., 2007; Scaife et al., 2003), the mechanisms underlying the formation of these protrusions and development of spikes in 3D cysts are likely to be different. Protrusions induced by inhibition of myosin IIA in individual fibroblasts can occur secondary to attenuated retraction of the cell rear in motile cells (Even-Ram et al., 2007). This retraction mechanism is not plausible in stationary epithelial cells within 3D cysts, in which the formation of peripheral protrusions depends on actin polymerization (Fig. 3A). Interestingly, our pharmacological inhibition analysis indicated that outgrowth of peripheral protrusions in epithelial cysts cannot be explained by simple stabilization of cortical F-actin caused by inhibition of either myosin-II-dependent cortical flow or depolymerization of actin.
filaments (Fig. 3B). These findings raise the possibility that inhibition of myosin II activates intracellular signaling events that promote directional actin polymerization at the cyst surface.

Rho GTPases such as Rac1 and Cdc42 represent obvious candidate signaling molecules that could regulate the generation of F-actin-rich epithelial spikes. Indeed, these spikes morphologically resemble filopodia, which are formed at the leading edge of migrating cells or neurite extensions in growing neurons. Filopodial formation is known to be Cdc42-dependent (Nobes and Hall, 1995), and both Cdc42 and Rac1 have been shown to be positive regulators of neurite outgrowth (Govet et al., 2005). Furthermore, a recent study revealed the activation of Rac1 in fibroblasts after inhibition of myosin II activity with blebbistatin or expression of a dominant-negative form of N-WASP and WA VE1 (data not shown), which are downstream effectors of Rac1. We have observed that the formation of peripheral protrusions is dependent on the Cdc42/PI3K pathway and that inhibition of either Cdc42 or PI3K fails to increase levels of myosin II in blebbistatin-treated fibroblasts. Neurite formation in fibroblasts, indicate that the formation of peripheral protrusions is mediated by multiple cell-specific mechanisms.

In a search for alternative intracellular signals that could contribute to the formation of peripheral F-actin-rich protrusions following myosin II inhibition in intestinal epithelial cysts, we demonstrated a role of PLC. Supporting evidence includes the observation that the formation of blebbistatin-induced spikes in SK-C015 cells does not depend on the activity of N-WASP and WAVE1 (data not shown), which are downstream effectors of Cdc42 and Rac1 signaling (Millard et al., 2004; Takenawa and Suetsugu, 2007). These data, together with the study in fibroblasts, indicate that the formation of peripheral protrusions triggered by myosin II inhibition can be mediated via multiple cell-specific mechanisms.

The mechanism whereby inhibition of myosin II activates PLC signaling remains to be elucidated. Although the major mechanism of PLCγ activation involves its tyrosine and serine phosphorylation (Bourguignon et al., 2004; Dittmar et al., 2002; Kim et al., 1991), such activation modes are unlikely to be responsible for the formation of epithelial protrusions. Indeed, the level of PLCγ that was phosphorylated at Tyr783 and Ser1248/1249 was not increased in blebbistatin-treated cells, nor did inhibition of tyrosine kinases prevent spike formation (data not shown). Our data suggest an alternative mechanism regulating PLC activity in blebbistatin-treated cysts; this mechanism might involve translocation of PLCγ to the plasma membrane (Fig. 7).

PLC-dependent activation of ADP/cofilin alone is unlikely to be sufficient in inducing surface protrusions in epithelial cysts. In particular, cofilin activation does not result in directional outgrowth of radial F-actin-rich protrusions but rather induces the formation of F-actin blebs at a cyst surface (Fig. 8C). Directionality of spike outgrowth could be determined by other cytoskeletal structures, and our data suggest a crucial role for microtubules in this process. Indeed, the development of peripheral protrusions caused by either pharmacological or siRNA-mediated inhibition of myosin II was dramatically attenuated after depolymerization of microtubules (Fig. 9A; supplementary material Figs S2 and S3). Furthermore, these spikes contained a core of thick microtubule bundles with F-actin concentrated on their tips (Fig. 9B). The involvement of microtubules appears to be a common mechanism for the development of peripheral protrusions observed in growth cones of migrating neurons (Gordon-Weeks, 2004) as well as in fibroblasts challenged by growth factors and myosin II inhibitors (Rhee et al., 2007; Scatá et al., 2003).

The observed interplay between F-actin and microtubules during the generation of epithelial spikes raises two major questions: how might myosin II inhibition affect the structure and/or dynamics of cortical microtubules, and how might changes in microtubule organization trigger polymerization of F-actin? Our double-fluorescence labeling analysis revealed that blebbistatin treatment induces the disassembly of peripheral F-actin bundles, which leads to the reorientation of cortical microtubules and to their extension into the submembranous compartment (Fig. 10). Interestingly, a similar accumulation of microtubules in close proximity to the plasma membrane has been previously reported in neuronal growth cones (Zhou et al., 2002) and fibroblast lamellipodia (Even-Ram...
et al., 2007) after disassembly of F-actin bundles by exposure to cytochalasin D and blebbistatin, respectively. In addition to the reorientation of cortical microtubules, blebbistatin also causes a noticeable bundling (Fig. 10A) and increase in stability of microtubules in Caco-2 cells (supplementary material Fig. S4). These results are consistent with recent live-cell imaging analyses demonstrating a significant decrease in the turnover (extension and shrinkage) of cortical microtubules in fibroblasts and epithelial cells after pharmacological inhibition of either myosin II itself (Even-Ram et al., 2007) or its activator, myosin light chain kinase (Yvon et al., 2001). Taken together, these data suggest that loss of cortical actin filaments following myosin II inhibition dramatically affects the spatial distribution of microtubules, leading to their outgrowth to the submembranous compartment and initiation of peripheral protrusions.

Some steps in the signaling cascade controlling microtubule-dependent actin polymerization remain poorly understood. Two different mechanisms underlying microtubule-dependent growth of actin filaments have been described. The first involves activation of actin-polymerizing proteins, formins, at the dynamic microtubule tip (Martin et al., 2005). The second implicates the activation of actin filaments have been described. The first involves activation dependent actin polymerization remain poorly understood. Two

Indeed, PLCγ1 is known to physically interact with a major microtubule component, β-tubulin (Chang et al., 2005; Itoh et al., 1996), and such an interaction has been shown to stimulate PLC activity (Chang et al., 2005). In addition, another study observed an interaction of PLCγ1 with the microtubule motors kinesins and suggested microtubule-dependent translocation of cytoplasmic PLCγ1 to the plasma membrane (Ramoni et al., 2001). Similar events can be envisioned in myosin-II-inhibited epithelial cells, in which the reorganization of cortical microtubules might increase the level and/or activity of PLC at the plasma membrane, thereby stimulating actin polymerization on microtubule tips and the formation of surface protrusions.

In conclusion, we propose a hypothetical mechanism that drives the formation of peripheral spikes after inhibition of myosin II in intestinal epithelial cells (Fig. 11). Upon myosin II inhibition, loss of cortical actomyosin bundles leads to the reorientation and/or stabilization of underlying microtubules and their outgrowth into the submembranous compartment. This microtubule outgrowth increases PLC activity at the plasma membrane by either transporting these enzymes from the cytoplasm or by stimulating the activity of resident PLC at the plasma membrane. Activation of PLC stimulates the actin-severing activity of ADF/cofilin, causing a local increase in free actin-filament barbed ends near the interface of microtubule tips and the plasma membrane. This event triggers actin polymerization at microtubule tips leading to the outgrowth of peripheral protrusions. The described mechanism might be important for epithelial morphogenesis in vivo, in which normal activity of myosin II is likely to suppress excessive protrusiveness of the surface of epithelial cysts, thus preventing unregulated alterations in cell shape. By contrast, local inhibition of myosin II by paracrine or cell-bound morphogenetic factors might trigger the development of membrane extensions and regulated alterations of cell shape, which are both necessary for initial transformation between the cyst and the tubule as well as later for tubule branching. Further studies are required to validate this role of myosin II in epithelial morphogenesis in vivo.

**Materials and Methods**

**Antibodies and other reagents**

The following primary polyclonal (pAb) and monoclonal (mAb) antibodies were used to detect cytoskeletal proteins by immunofluorescence labeling and western blotting: anti-Cdx42, pAb (sc-426 and sc-206, respectively; Santa Cruz Biotechnology, Santa Cruz, CA); anti-Rac1 mAb (ARC03; Cytoskeleton); anti- phospho-PLCγ1 (Tyr783) pAb (T8281; Cell Signaling Technology, Danver, MA); phospho-PLCγ1 (Ser1248/1249) pAb (907-511; Upstate, Charlotteville, VA); anti-mammalian nonmuscle myosin IIA and IIB pAbs (PRB-440P and PRB-445P, respectively; Covance, Berkeley, CA); anti-α-tubulin mAb (GT6199; Sigma-Aldrich, St Louis, MO). Alexa-Fluor-488-labeled phalloidin and secondary antibodies were obtained from Molecular Probes (Eugene, OR), horseradish-peroxidase-conjugated secondary antibodies were obtained from Jackson ImmunoResearch Laboratories (West Grove, PA).

Rac and/or Cdc42 activation assay kits were purchased from Upstate. Secramine A was provided by Tomas Kirchhausen, Matthew D. Shair, Henry E. Pelish (Harvard Medical School, Boston, MA) and Gerald B. Hammond (University of Louisville, KY) (Xu et al., 2006). NSC23766 was provided by Yi Zheng (Children Hospital Research Foundation, Cincinnati, OH); S(−)-blebbistatin, Y27632, jasplakinolide, wiskostatin, SP 600125, ERKII inhibitor, PD 98059, LY 294002 and Herbimycin A were obtained from Calbiochem (La Jolla, CA); U23122, vinblastin, nocodazole, genistien and WGA were obtained from Sigma. ET-18-OCH3 was purchased from Bionol.

**3D epithelial cell culture**

Caco-2 (American Type Culture Collection, Manassas, VA) and SK-CO35 (gift of Enrique Rodriguez-Boulan, Weill Medical College of Cornell University, NY) human colonic epithelial cell lines were cultured in high glucose Dulbecco’s minimal essential medium (DMEM) supplemented with 15 mM HEPES, 40 µg/ml penicillin, 100 µg/ml streptomycin and 10% fetal bovine serum (pH 7.4). Cells were resuspended in DMEM medium and mixed with growth-factor-reduced Matrigel (BD Biosciences, Franklin Lakes, NJ). For each experiment, approximately 10⁶ cells were embedded into 200 µl of 30-35% Matrigel. A 3D matrix was allowed to harden in a 96-well

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**Fig. 11. Hypothetical mechanism for surface protrusion formation in myosin-II-inhibited intestinal epithelial cysts.** The diagram depicts key signaling and morphological events involved in the development of peripheral spikes. For simplicity, these events are presented as a single cascade. Tentative and/or unproven connections between different steps in the cascade are marked by broken lines. See explanation in the Discussion.
plate at 37°C for 30 minutes, then DMEM medium was added and cysts were allowed to form over 3-4 days at 37°C. Pharmacological inhibitors were added to the medium at concentrations indicated in the Results and figure legends. Stock solutions of water-insoluble inhibitors were prepared in DMSO and diluted in cell culture media immediately before each experiment. The final concentration of DMSO was 0.1% and was included in appropriate controls.

2D cell culture
Caco-2 cells were plated onto 12-mm glass coverslips coated with a thin layer of 30% Matrigel. Cells were allowed to grow for 3-4 days at 37°C before challenging with pharmacological agents or infecting with adenoviruses. Adenoviruses expressing EGF-p-tagged dominant-negative mutants N17Rac1 and N17Cdc42, as a constitutively inactive SF mutant of Xenopus cofilin as well as control EGF virus were produced by James Bamburg (University of Colorado, CO) and were produced as described previously (Minamata et al., 2003; Sisuma et al., 2006). Cells were incubated in DMEM containing purified viral particles diluted to 5×10^6 plaque-forming units/ml for 2-3 days before treatment with blebbistatin.

Immunofluorescence labeling and confocal microscopy
Caco-2 cells growing on coverslips were fixed with either absolute ethanol or 4% paraformaldehyde and fluorescently labeled as previously described (Ivanov et al., 2005; Ivanov et al., 2006). For visualization of F-actin and myosin II in 3D cultures, Matrigel-embedded xenopus oocytes were fixed for 1 hour in 4% paraformaldehyde, permeabilized for 30 minutes with 0.5% TX-100, blocked overnight with 3% bovine serum albumin at 4°C, incubated for 2 hours at room temperature with primary anti-myosin II antibodies followed by 2 hours of incubation with Alexa-Fluor-488-conjugated phalloidin and secondary antibodies, and mounted with a 1:1:0.01 (v/v/v) PBS/glycerol/p-phenylelendiamine mixture. Labeled cells were examined using a Zeiss LSM510 Meta laser scanning confocal microscope (Zeiss Microimaging, Thornwood, NY). Fluorescent dyes were imaged sequentially in frame-interlace mode to eliminate fluorescence bleed-over between channels. Images were processed using LSM5 browser software and Adobe Photoshop. For the 3D system, images demonstrate a single confocal section acquired at the center of the cyst. Cysts possessing spikes were counted across at least ten different 40× fields and expressed as a percentage of total cysts. At least 70 cysts were examined per experimental group.

Immunoblotting
Cells were homogenized in a RIPA lysis buffer (20 mM Tris, 50 mM NaCl, 2 mM EDTA, 50 mM EGTA, 1% sodium deoxycholate, 1% TX-100 and 0.1% SDS, pH 7.4) containing protease- and phosphatase-inhibitor cocktails, and nuclear supernatants at 170,000 g for 15 minutes) and supernatants were incubated for 10 minutes. Membranes were pelleted by ultracentrifugation of the post-nuclear supernatant (100,000 g for 1 hour). Membranes were washed and resuspended in SDS sample buffer for western blot analysis using either anti-Rac1 and anti-Cdc42 antibodies. Whole-cell lysates were collected and the pellets were resuspended in an equivalent volume (equivalent to the starting volume of cell lysate) of Hanks balanced salt solution (HBSS) for 10 minutes). Membranes were pelleted by ultracentrifugation of the post-nuclear supernatant (100,000 g for 1 hour). Membranes were washed and resuspended in SDS sample buffer for western blot analysis using either anti-Rac1 and anti-Cdc42 antibodies. Whole-cell lysates prepared in the same experiment were also subjected to immunoblotting to show levels of total (active plus inactive) Rac1 and Cdc42.

Membrane preparation
Cells were harvested in relax buffer (100 mM Tris, 50 mM NaCl, 2 mM EDTA, 1 mM EGTA, 1% sodium deoxycholate, 1% TX-100 and 0.1% SDS, pH 7.4) containing protease- and phosphatase-inhibitor cocktails, and were gently rotated for 5 minutes at room temperature with extraction buffer (80 mM Pipes, 1 mM MgCl2, 2 mM EGTA, 0.15% TX-100, pH 6.9) supplemented with protease- and phosphatase-inhibitor cocktails (Sigma). The extraction solution was removed, mixed with an equal volume of 2X-SDS sample buffer and boiled. The TX-100-insoluble fraction was collected by scraping pre-extracted, filter-bound cells in two volumes of 1X-SDS sample buffer with subsequent homogenizing and boiling. The amount of γ-tubulin in each fraction was determined by electrophoresis and western blotting.

RNA interference
siRNA-mediated knockdown of NMIIA was carried out using three isoform-specific siRNA duplexes: 5′-GACAGACUGGGCGGAAACAUU-3′; 5′-GGC-GACAUGGCGAAAUU-3′ and 5′-GAAACUGGCGCAAGAGAAU-3′ (Dharmacon). Cyclophilin B siRNA SmartPool was used as a control. SK-CO15 cells were transfected using the Lipofectamine 2000 transfection reagent (Dharmacon) in OptiMEM I medium (Invitrogen), according to the manufacturer’s protocol, with a final siRNA concentration of 100 nM. Cells on six-well plates were transfected with siRNA, embedded into Matrigel 12 hours later and allowed to form cysts for an additional 72 hours.

Statistics
Numerical values from three different experiments were pooled and expressed as mean ± s.e.m. throughout. Obtained numbers were compared by a single-tailed Student’s t-test, with statistical significance assumed at P<0.05.

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